

Application No. 09/848,112  
Amt. dated Feb. 5, 2004  
Reply to Office action of Aug. 11, 2003

Amendments to the Claims:

This listing of claims will replace all prior versions, and listing, of claims in the application.

Listing of Claims:

Claims 1 – 23 (Cancelled)

24. (Currently Amended) An exercise machine having a load wherein the primary movement is a pushing motion to actuate the load comprising:

at least one arm assembly operably attached to said load;

a handle base member rotatably attached to said arm assembly, said handle base member rotating with respect to said arm assembly about a first axis of rotation;

a grasping member rotatably attached to said handle base member, said grasping member rotating with respect to said handle base member about a second axis of rotation orthogonal to said first axis of rotation; and

wherein said handle base member further comprises an asymmetrical shape about said first axis of rotation such that when not in use said handle base member rotates to an upright position.

25. (Cancelled) The exercise machine of claim 24 wherein said handle base member further comprises an asymmetrical shape about said first axis of rotation such that when not in use said handle base member rotates to an upright position.

26. (Currently Amended) An exercise machine handle assembly operably attached to an arm assembly of [[said]] an exercise machine, said handle assembly comprising:

a handle member having a base, said handle member rotatably connected to said arm assembly about a first axis of rotation; and

said base having a first side and a second side, said first side being heavier than said second side such that when said exercise machine is not in use, said handle member rotates to an upright position in which said first side is below said second side.

Claims 27-29 (Cancelled)

30. (New) An exercise device having a load comprising:

at least one arm assembly operably attached to said load;

a handle assembly comprising:

a generally U-shaped bracket defining a base member and supporting a gripping portion;

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a first axle rotatably connected with the base member and extending angularly from the base member; and

a second axle pivotally connected with the first axle, the second axle operably attached to said arm assembly.

31. (New) The exercise device of claim 30 wherein the first axle and the second axle may be longitudinally aligned during use.

32. (New) The exercise device of claim 30 further comprising:

a third axle rotatably connected with the at least one arm assembly; and  
the second axle is operably connected with the second axle.

33. (New) The exercise device of claim 32 further comprising a sleeve having at least one bearing therein, said sleeve being attached to said third axle and said arm assembly.

34. (New) The exercise device of claim 30 wherein:

the first axle is pivotally connected with the second axle at a ball-type pivot joint.

35. (New) The exercise device of claim 30 wherein:

the U-shaped bracket defines a first leg and a second leg extending generally transverse from the base member;

the gripping portion is rotatably connected between the first leg and the second leg.

36. (New) The exercise device of claim 30 wherein:

said handle assembly pivoting in at least one orthogonal direction with respect to said first axis of rotation.

37. (New) The exercise device of claim 30 wherein the first axle pivots in at least two orthogonal directions with respect to the second axle.

38. (New) The exercise device of claim 30 wherein the first axle extends perpendicularly from the base member.